

1.Product name: Palmier Basmati Rice

2.Product description: Long Grain Gold Premium Basmati Rice

3. Nutrition information: (per 100 g uncooked rice)

Energy (KJ / Kcal)	1418 / 339
Proteins (g)	7,4
Carbohydrates (g)	79,8
* of which Sugars (g)	0
Fat (g)	0,6
* of which Saturates (g)	0,1
Salt (g)	0,04

4. Cooking instructions:

WITHOUT COVER

Fill a large pan with water. Bring to a boil, pour the rice and stir. Reduce the heat and let simmer for 10 minutes without cover. Drain in a sieve and rinse with boiling water before serving.

BRAISED

Take a pan with a thick bottom. Pour the rice in cold water (1 volume of rice + 1 ½ volumes of water). Bring to a boil. Stir and cover tightly. Let simmer for 10 minutes. Remove the pan from the heat and let it rest for 5 to 6 minutes before serving.

Allow:

50 g per person as side dish 60 g per person as main course

5. Product suitable for:Ovo-lacto-Vegetarian
Vegan
Diabetic

Lacto-vegetarian Halal Vegetarian Kosher

<u>6. Allergens:</u> The rice to be free of any known allergens.

7. Sizes available: 1 KG Block Bottom, 1 KG Pillow, 5 KG, 10 KG, 1000 KG - STORE IN A COOL DRY PLACE







* 1 KG Pillow



5 KG



* 10 KG



1000 KG

^{*=} available for consumers to buy at office counter